# Take a Hike
## Session 3

### Preparation and Materials needed
- **Materials needed for this session:**
  - Dress a Scout Sheets (1 set per 2 scouts, print single sided)
  - Crayons, Markers or Color Pencils
  - Scissors
  - Glue
  - The Ants Go Marching Lyrics sheet (1 per 2 scouts)
  - Google Map of the location
  - Blank paper to make a map (1 per each scout)
  - Small, soft hand ball for the game
  - Opt Out Permission slip for the next session.
- Sign, date, and put the date of the 1 mile urban hike on the form.
- Make your own paper scout as an example for the boys.
- Set up the room to give the scouts space to write and an area to play the game.
- Have the attendance sheet out and ready.
- Review the session to be prepared to lead the discussion. Do not read it to the scouts, be prepared ahead of time to smoothly lead the session.

### Gathering
- **Dress a Scout**

### Opening
- **Pick 2 scouts to hold the flag, 1 scout to lead the Oath, and 1 scout to lead the Law.**
- **Ensure all of the scouts are focused and ready to begin**

### Talk Time
- **The ant’s go marching song**

### Activity
- **Draw a hike map**

### Closing
- **Point out positive behaviors and activities shown during this session.**
- **Tell the scouts what next session will be.**
- **Have the scouts clean up the room**
- **Homework permission slips for everyone for next session.**

### After the meeting
- **Enter the advancements per rank.**
  - Tiger – None
  - Wolf – Paws on the Path 4 & 8
  - Bear – None
  - Webelos – Webelos Walkabout 1
  - Arrow of Light – None
- **Enter attendance**
- **Turn in any needed documents into the district/council**
- **Call, text, or e-mail 2 parents to share something positive about their scout. Make sure every scout has a positive comment before you return to these scouts.**
- **Remind the Adult Partner the scouts will be doing an urban hike next session and all of the After School Scouts and Families are invited to a family Scavenger Hunt Hike. Scouts will have to participate to meet all of the requirements for the current adventures.**
Instructions: Find a partner. Cut out your paper scout. Use the paper clothes to dress your scout for a hike. Make sure to color your scout and clothes.
The Ants GO Marching

The ants go marching one by one, hurrah, hurrah
The ants go marching one by one, hurrah, hurrah
The ants go marching one by one, hurrah, hurrah
The little one stops to suck his thumb
And they all go marching down to the ground
To get out of the rain, BOOM! BOOM! BOOM!

The ants go marching two by two, hurrah, hurrah
The ants go marching two by two, hurrah, hurrah
The ants go marching two by two, hurrah, hurrah
The little one stops to tie his shoe
And they all go marching down to the ground
To get out of the rain, BOOM! BOOM! BOOM!

The ants go marching three by three, hurrah, hurrah
The ants go marching three by three, hurrah, hurrah
The ants go marching three by three, hurrah, hurrah
The little one stops to climb a tree
And they all go marching down to the ground
To get out of the rain, BOOM! BOOM! BOOM!

The ants go marching four by four, hurrah, hurrah
The ants go marching four by four, hurrah, hurrah
The ants go marching four by four, hurrah, hurrah
The little one stops to shut the door
And they all go marching down to the ground
To get out of the rain, BOOM! BOOM! BOOM!

The ants go marching five by five, hurrah, hurrah
The ants go marching five by five, hurrah, hurrah
The ants go marching five by five, hurrah, hurrah
The little one stops to take a dive
And they all go marching down to the ground
To get out of the rain, BOOM! BOOM! BOOM!

The ants go marching six by six, hurrah, hurrah
The ants go marching six by six, hurrah, hurrah
The ants go marching six by six, hurrah, hurrah
The little one stops to pick up sticks
And they all go marching down to the ground
To get out of the rain, BOOM! BOOM! BOOM!

The ants go marching seven by seven, hurrah, hurrah
The ants go marching seven by seven, hurrah, hurrah
The ants go marching seven by seven, hurrah, hurrah
The little one stops to pray to heaven
And they all go marching down to the ground
To get out of the rain, BOOM! BOOM! BOOM!

The ants go marching eight by eight, hurrah, hurrah
The ants go marching eight by eight, hurrah, hurrah
The ants go marching eight by eight, hurrah, hurrah
The little one stops to roller skate
And they all go marching down to the ground
To get out of the rain, BOOM! BOOM! BOOM!

The ants go marching nine by nine, hurrah, hurrah
The ants go marching nine by nine, hurrah, hurrah
The ants go marching nine by nine, hurrah, hurrah
The little one stops to check the time
And they all go marching down to the ground
To get out of the rain, BOOM! BOOM! BOOM!

The ants go marching ten by ten, hurrah, hurrah
The ants go marching ten by ten, hurrah, hurrah
The ants go marching ten by ten, hurrah, hurrah
The little one stops to shout "The End",
And they all go marching down to the ground
To get out of the rain.
Gathering: Dressing a paper scout for a hike

- Have the boys work in pairs.
- Give each pair a set of paper scouts, clothes, scissors, glue, and something to color with.
- Have the scouts dress their paper scout for a hike.
- Check to make sure the paper scout has socks, comfortable hiking shoes, and some type of head covering
- Allow the boys to be creative. Give bonus points if they put a back pack on their scout and/or a walking stick.

Talk Time: The Ants go Marching

While you are finishing up your paper scout, other than humans, what else does a lot of marching?

*Allow the scout’s to respond. Encourage any positive responses.*

Hints:

- They might march across your kitchen or bathroom.
- Might visit your picnic.
- Make up your own hints........

We are going to learn a hiking song about ants.

*Give the scouts the copy of the lyrics and lead the scouts in singing the song.*

Activity: Draw a Hike Map

*Print off a google map of the location and use this to help the scouts draw a hike map.*

- The hike should be 1 mile long. That is around 10 city blocks
- The hike should start and end at the location.
- Make sure the scouts mark what animals, plants, birds, and bugs they might find at the hike.
- Include a map legend indicating which direction is north.

Closing: Forehead Squeeze Relay

Next session we will actually be doing the hike. To be safe during a hike and to make sure no one gets left behind we use the buddy system. We will talk about that more next session, but to get you ready to work as a team we are playing the Forehead Squeeze Relay game.

- Divide the group into two and have them stand opposite of each other across the room (approximately 10 feet between them).
- Have the scouts find a partner.
- The object of the game is for two players in each team to carry a ball or some object across the distance by holding it between their foreheads with their arms between their backs or pockets.
- If the object falls, the pair has to pick it up and start over.
- Once the pair reaches the other group they are to quickly hand off the object to the next pair.
- The scouts have to then find a new partner.
- The game is over when all of the scouts are back to their original side of the room and they have carried the object twice with a different partner each time.

Point out good things you have seen during today’s session. Remind the scouts we will actually be hiking around the location at the next session. Today they dressed their paper scout so they know what to wear for the next session.

*Give the scouts the Adult Partner Permission for the hike. Make sure you signed and dated the form. Tell the scouts this is an “Opt Out” form. That means if they do not want the scout to go on the hike the adult partner is to keep the scout
home. However, the Tigers, Wolves, and Bears have to do a 1 mile hike for their requirement. Webelos will complete their requirement at the family scavenger hunt hike.
Dear Partnering Adult,

For the last three (3) sessions of the Cub Scout meeting the Pack has been working on the following required adventures:

- Tigers (1st graders) – Tigers in the Wild
- Wolf (2nd graders) – Paws on the Path
- Bears (3rd graders) – Fur, Feathers, and Ferns
- Webelos (4th & 5th graders) – Webelos Walkabout

The Tigers, Wolves, and Bears are required to do a one (1) mile hike and the Webelos are required to have some leadership role during this hike. The scouts have drawn up their hike plan, learned the Outdoor Code and Leave no Trace Pledge, talked about what to wear on a hike, and made personal first aid kits for hiking. Next week we will cover the buddy system and what you do if you get separated from the pack. We are sure the boys are ready for this urban one (1) mile hike.

The hike will happen on ______________________ during the next meeting.

(Date of the hike)

If you do NOT want your scout to do this hike with the pack, please keep them home for the next meeting. The scout can still meet these requirements, but YOU will be responsible for meeting all of the requirements. Your program leader can help you to figure out how.

Sending your scout to the next meeting is consenting to the urban one (1) mile hike.

Sincerely,

Program Leader