



Fun on the Run

Lion Activity Badge



Note to Parents, Guardians, or other Caring Adult

Occasionally, the requirements ask the Cub Scout to address or present to their den. This can be facilitated by recording your Scout with the use of a smartphone, computer with a camera, or an alternative device. WHEN RECORDING, PLEASE ENSURE THAT YOUR SCOUT IS WORKING WITH AN ADULT TO VERIFY THAT WE ARE USING SAFE INTERNET PROTOCOLS AND PROPER YOUTH PROTECTION GUIDELINES.

Please send or email your videos to your local Den Leader or Cubmaster so they can record your completion on this elective.

You can complete any of the requirements, but this slideshow is designed with preselected activities that would be most suitable to complete at home.

Fun on the Run Requirements

1. Learn and demonstrate three exercises you can do each day.
2. Have Lions make a nutritious snack for the den.
3. Understand the importance of rest.
4. Participate as a den in Jungle Field Day.

Fun on the Run Requirements

1. Learn and demonstrate three exercises you can do each day.



Fun on the Run Requirements

2. Have Lions
make a nutritious
snack for the den.

28 Healthy Snacks



Fun on the Run Requirements

3. Understand the
importance of rest.

What is Sleep and
Why All Kids Need It

Rest and Relaxation: Why
Downtime is Important for
Kids



Fun on the Run Requirements

4. Participate as a den
in Jungle Field Day.

5 Super Fun and Simple Cub Scout Games

