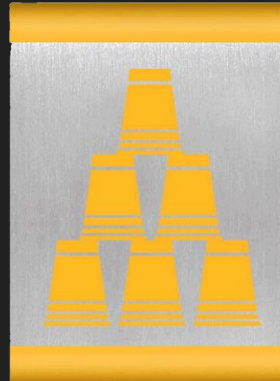




Build it Up, Knock it Down

Lion Elective



Note to Parents, Guardians, or other Caring Adult

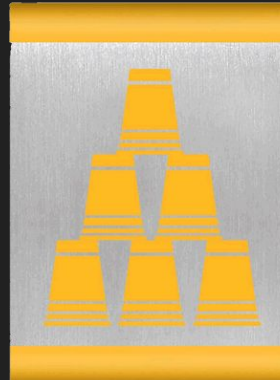
Occasionally, the requirements ask the Cub Scout to address or present to their den. This can be facilitated by recording your Scout with the use of a smartphone, computer with a camera, or an alternative device. WHEN RECORDING, PLEASE ENSURE THAT YOUR SCOUT IS WORKING WITH AN ADULT TO VERIFY THAT WE ARE USING SAFE INTERNET PROTOCOLS AND PROPER YOUTH PROTECTION GUIDELINES.

Please send or email your videos to your local Den Leader or Cubmaster so they can record your completion on this elective.

You can complete any of the requirements, but this slideshow is designed with preselected activities that would be most suitable to complete at home.

Online Resources

[Build it Up, Knock it Down Workbook](#)



Build it Up, Knock it Down Requirements

1. Discuss with other Lions things that can be built and things that can be knocked down.
2. Discuss with other Lions how they and their fellow Lions can be built up and knocked down, not just physically but also emotionally.
3. Build structures using available materials.

Build it Up, Knock it Down Requirements

1. Discuss with other Lions things that can be built and things that can be knocked down.

Ask your Lion...

1. What are some things that can be built?
2. What are some things that can be knocked down?



Build it Up, Knock it Down Requirements

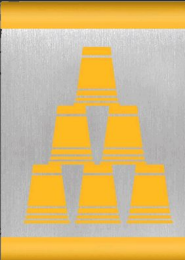
2. Discuss with other Lions how they and their fellow Lions can be built up and knocked down, not just physically but also emotionally.



Watch: [How Full is Your Bucket](#) clip

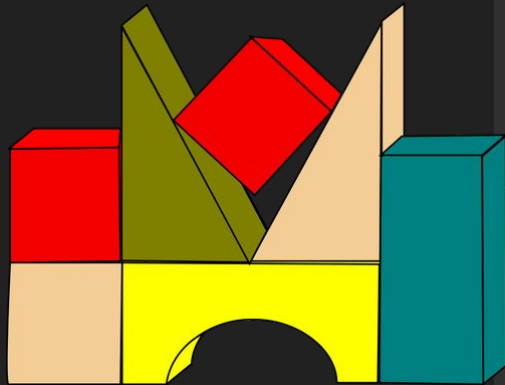
Discuss how we can build each other up and knock each other down.

- Physically
- Emotionally



Build it Up, Knock it Down Requirements

**3. Build structures
using available
materials.**



With items found around the house, have your Lion build a structure.

Take a photo of the structure and send it to your Den Leader or Cubmaster.

